



# November Edition 2018

## IN THIS ISSUE

**Significant Dates:** This month in AA history

**November Events:** See What Is Happening In The Area In  
November

**District Meetings:** Dates, Times and Locations of District Meetings

**Committee Announcements:** What are those Intergroup  
committees up to this month?

**Share Your Story:** You wrote in, we posted it

**SOS Funnies: Not a Glum Lot**

**Topic Time: Topic for next month and call for entries.**

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## Job Posting:

# Central Office Manager – Indianapolis Intergroup

Our 8th Tradition states, “Alcoholics Anonymous should remain forever unprofessional, but our service centers may employ special workers.” In accordance with this tradition, Indianapolis Intergroup is seeking a special worker to manage the Central Office. This is a full-time salaried exempt position, that reports to the Service Committee. Benefits include vacation days and sick days. As recommended in the AA Central Office Guidelines This manager position functions as a paid employee of the central office - not as an AA member - during duty hours and will be hired largely on the basis of professional skills.

Interested candidates should submit a professional and AA service resume to  
[ServiceChair@IndyAA.org](mailto:ServiceChair@IndyAA.org)

by

Monday, November 5, 2018.

The Service Committee will review resumes, conduct interviews and make a decision around November 16, 2018. An ideal start date is December 1, 2018.

For a full job description and list of qualifications, See [Job Posting](#)

## Meeting Move:

# The Not So Blue Group Thursday Night Daily Reflections

We Are Moving!

The Not So Blue Group

Thursday Night Daily

Reflections Meeting

725 N. Pennsylvania Street

Will be moving our meeting due to renovations at

The Blue Triangle Building.

Beginning Thursday, November 8, 2018 at 7:00 PM

We will begin meeting at:

Roberts Park United Methodist Church

401 N. Delaware Street

Indianapolis, Indiana 46204

\*Coffee may not be available to begin with, So we suggest you grab a cup on the way over if you like.\*

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# History

## Notable Dates in AA History for the month of November

**Nov 11, 1934** - Armistice Day; Bill started drinking after dry spell, beginning of Bill's last drunk.

**1934** - Ebby T. carries message to Bill.

**1936** - Fitz M leaves Towns Hospital to become 'AA #3 in NY', Along with Bill W and Hank P.

**1937** - Bill and Dr. Bob compare notes in Akron. Count forty cases staying sober. Meeting of the Akron Group to consider Bill's ideas for how to expand the movement ... a book, AA hospitals, paid missionaries. Passed by a majority of 2.

**1939** - Akron group withdrawals from association with Oxford Group.

**1939** - Hank P writes Bill advocating autonomy for all AA groups.

**1939** - AA's in San Francisco hold 1st California AA meeting in the Clift Hotel.

**1940** - 1st AA meeting is held in Boston.

**1940** - 1st AA group formed in Minneapolis.

**1940** - Alcoholic Foundation publishes 1st AA Bulletin.

**1943** - Bill guest speaker San Quentin Penitentiary.

**1946** - 1st Dublin Ireland group met.

**1947** - 1st AA Group in Anchorage, Alaska.

**1986** - Big Book published in paperback.

**2001** - 1st of 400,000 4th Edition Big Books arrives in the mail.

**Notable Births**

Nov 26, **1895** - Bill W born in East Dorsett, VT.

**Notable Deaths**

**Nov 16, 1950** - Dr. Bob died.



NOVEMBER  
EVENTS

**DIGS 31st Anniversary**

November 3rd 6p - 8:30p

**Fountain Square Center**

901 Shelby St.

Indianapolis, IN 46203

[See Flyer](#)

**Grateful Live 13th Anniversary**

November 9th 6p - 8p

**St. Monica's Church Parish Meeting Center**

6131 N. Michigan Rd

Indianapolis, IN 46228

[See Flyer](#)

**Gratitude Meeting @ the Colts Complex**

November 21st 6p - 9p

**Colts Complex**

7001 W 56th St.

Indianapolis, IN 46254

[See Flyer](#)

**Solidarity Group 46th Anniversary Dinner**

November 17th 6p - 9p

**Englewood Christian Church**

57 N Rural St.

Indianapolis, IN 46201 [See Flyer](#)

**Big Book 164 27th Anniversary**

November 24th 6p - 8p

**Frieden's Church (Hill Valley West)**

8300 S. Meridian St.

Indianapolis, IN 46217

[See Flyer](#)

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# **District and Area Meeting Schedule**

## **DISTRICT 34 MONTHLY MEETING**

November 3, 2018 @ 9:00 am – 11:00 am  
Southport United Methodist Church  
1947 E Southport Rd  
Indianapolis, IN 46227

## **Quarterly Meeting @ Central Office**

November 3, 2018 @ 1:00 am – 3:00 pm  
1915 West 18th St.  
Suite D  
Indianapolis, IN 46202

## **DISTRICT 38 GSR MEETING**

November 10, 2018 @ 10:00 am – 11:00 am  
St Thomas Catholic Church  
4625 N Kenwood Ave  
Indianapolis, IN 46208

## **INDIANAPOLIS INTERGROUP SUNDAY**

November 11, 2018 @ 9:30 am-11:00 am  
UAW 933  
2320 S. Tibbs Ave.  
Indianapolis, IN 46241

## **DISTRICT 36 A/B MONTHLY MEETING**

November 11, 2018 @ 6:30 pm  
West Side Club  
6450 W 10th St  
Indianapolis, IN 46214

### **DISTRICT 26 MEETING**

November 13, 2018 @ 6:30 pm – 7:30 pm  
Allisonville Friends Church  
7701 Allisonville Road  
Indianapolis, IN 46250

### **DISTRICT 24 MEETING**

November 13, 2018 @ 6:45 pm – 8:00 pm  
Carvel Club  
4627 Carvel Avenue  
Indianapolis, IN 46205

### **DISTRICT 30 MEETING**

November 25, 2018 @ 1:00 pm – 2:30 pm  
Club East  
441 S Ritter Ave.  
Indianapolis, IN 46219

### **DISTRICT 22 MEETING**

November 29, 2018 @ 7:30 pm – 8:30 pm  
Orchard Park Presbyterian Church  
1605 East 106th Street  
Indianapolis, IN 46280

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## What is Intergroup?

Indianapolis Intergroup consists of 12 standing committees and 1 service committee. To learn more about Indianapolis Intergroup as well as view a list of all the committees and what service they provide click on the link below.

[INDIANAPOLIS INTERGROUP-CLICK HERE](#)

# Committee Announcements

## INDIANAPOLIS INTERGROUP SUNDAY

November 11, 2018 @ 9:30 am-11:00 am

UAW 933

2320 S. Tibbs Ave.

Indianapolis, IN 46241

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## QUARTERLY COMMITTEE MEETING

November 3, 2018 @ 1:00 pm – 3:00 pm

Central Office

1915 W 18th St

Indianapolis, IN 46202

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**You Wrote in - We Posted It**

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## Learning To Pray

When I first got to A.A., I had very little knowledge of what prayer and meditation truly meant. I had to learn that prayer meant talking with God, not to him. And meditation meant opening my mind, so I would understand his response. Throughout my years of drinking, all my “praying” was strictly done for selfish reasons. I would “Ask” God for all the things I wanted, but never offered much in return. I would say things like “God, get me out of this mess and I promise to never do it again”, “God, give me a better job, more money, and I’ll do anything you want of me”, And my favorite, prayed at the porcelain throne, “God let me stop being sick, and I promise not to drink so much ever again”. All of these, and many more were just selfish demands followed by empty promises. I knew of prayer as taught in my youth, but never knew the right way of doing it. Once I began my Journey in A.A., started reading the A. A. literature, such as the Big Book, the 12 Steps and 12 Traditions, working the steps with my sponsor, my understanding of prayer and meditation finally began to make sense. I began to grasp that prayer meant asking for guidance, not things. Asking my God to guide me to be a better person, live a better life, be helpful and useful to others. And then taking time to stop, be quiet and calm, and let my mind be open and free to listen and understand what God wants for me to do. I will say it did not come to me easy at first, but over time the practice has become a part of my nightly routine. Every night now, as I go to bed, I work both steps 10 and 11. I review my day looking for things I did wrong, people I might have hurt, as well as things that I did positively. I then pray to my god, asking for his guidance to correct all the things that are wrong, and to help strengthen the things that were right. Then I try to clear my mind before sleeping, trying to connect with my God, and listen for what his will and wishes are for me. When I awake the next morning, I find that I am usually more focused and have a clear idea and understanding of the things I need to do that day

**By Todd C.**

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## First Year Fears

This is my first time in AA. My first meeting I couldn't even admit I was an alcoholic. I didn't want to be an alcoholic. I wanted to just have gone through some hard stuff and self-medicated with alcohol. I wanted to get through the rough patches of life and then return to alcohol in a moderated way after I "dried out" a while and got some things in my life sorted out. After being given the Big Book and reading it all in about 5 days, I couldn't deny my alcoholism. As with many others, one drink was too many and 5, 6, 7...was not enough. I was powerless and afraid. The rooms of AA have now become my sanctuary. I've often times referred to AA as the place where strangers love the broken back to life and become family. Even on vacation, the rooms of AA welcomed me home.

My sobriety date is July 31<sup>st</sup>, 2017. In July of this year (2018), my daughter, husband and I went on a family vacation to NYC. We stayed in Jersey City and traveled into NYC each day. We had a great time, but I was coming upon my one year anniversary and the relapse dreams had me very anxious and scared that those dreams were more prophetic than illusion. I remember going to a closed meeting in Jersey City on July 3<sup>rd</sup> and listening to people share. At the end, they asked if anyone had a "burning desire" which meant was anyone in fear of going out and picking up that day. I raised my hand and shared briefly about the dreams. A couple of gentlemen shared after that in response to me, then the meeting adjourned. A man named Archie came up to me after the meeting and after introducing himself and sharing his several years of sobriety and the insanity of alcohol around the 1-year mark, reached into his pocket and handed me a token (Carry the Message Recovery Works token). He said that someone had given it to him more than 10 years ago and he had kept it in his pocket every day since. He told me to do the same and rub it for luck whenever I felt anxious or thought about picking up. He also joked with me and said if I want to take a drink, first I had to swallow the token?! J Several other men invited me the following day's 4<sup>th</sup> of July celebration which would be a day full of speaker meeting and food. I did go the next day and saw some of the same men and listened to a dynamic speaker.

I ended up going to a total of 3 meetings during the week I stayed in Jersey City and each one welcomed me as much as the last. I made it to (and through) my 1-year

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anniversary and still carry the token Archie gave me and am so thankful that he saw the fear in my eyes and he heard the panic in my voice and reached out. The hand of AA was there for me at my first meeting, in NJ/NY, today and every day in between. I am now serving as the Intergroup rep for my homegroup and am taking meetings into treatment facilities. Maybe one day, I'll be the "Archie" in someone else's journey.

*Keep coming back; it works if you work it.*

**By L.E.**



**Q: What is the difference between a drunk and an alcoholic?**

**A: An alcoholic goes to meetings!**

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AA faker: "Since joining AA 3 years ago, I have not found it necessary to take a drink"

Newcomer: "Liar, I saw you not 2 weeks ago at Joe's bar and grill drunk as a skunk"

AA faker: "Yeah, but it wasn't necessary"

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## Topic Suggestion for December

**Step 12.** Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.

Share your Experience, Strength, and Hope regarding STEP 12 for the December Edition of S.O.S.

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**\*\*Submissions are not limited to the suggested topic and we encourage you to write about any topic as it relates to Alcoholism for any month.\*\***

*Submissions for December Edition are due by November 25th. Any submissions received after November 25th will be included in the January Edition.*

*Please submit to [sos@indyaa.org](mailto:sos@indyaa.org) and title your email "Newsletter Submission".*

*Please keep all submission around 700 words or less.*

*Include a title for your submission where applicable. If no title is included, we may provide one for you.*

*If you wish to be published anonymously, DO NOT include your name in your document and please write "post anonymously" in your email submission to SOS.*

*If you wish for your name or initials to be published, please write it at the end of your submitted document exactly as you would like it published. If no indication of intent has been made, your submission will automatically be posted anonymously.*

*Please note, only first names, first name and last initial, or initials only, will ever be published. We will never post last names even if you submit them.*

**We look forward to hearing from you!**

**[To Subscribe To S.O.S. Monthly Newsletter  
Click Here](#)**

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Sheets Of Sobriety - November 2018

**Our mailing address is:**

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