

SHEETS OF SOBRIETY

MAY 2019

IN THIS ISSUE

A.A. History: This month in AA history

Upcoming Events: See What Special Happenings Are In The Area

District Meetings: Dates, Times and Locations of District Meetings

Committee Announcements: What are those Intergroup committees up to this month?

Share Your Story: You wrote in, we posted it

SOS Funnies: Not a Glum Lot

Topic Time: Topic for next month and call for entries.

New Meeting for First Responders

First Responders' First Things First is a 12 Step recovery support group for Indianapolis First Responders and meets on Wednesdays at 6:30pm at Local 416.

748 Massachusetts Ave, Indianapolis, IN 46204



Historical Dates In A. A. History

Historical May Dates In A.A. History

1935 – Bill W. called Walter Tunks from the Mayflower Hotel, and was referred to Henrietta Seiberling who set up a meeting with Dr. Bob.

1938 – Bill W. and other A.A.s began writing the Big Book.

1939 – Clarence S. of Cleveland told Dr. Bob, his sponsor, he would not be back to Oxford Group meetings in Akron and would start an “AA” meeting in Cleveland.

1942 – Dayton Journal Herald published pictures of AA members wearing masks to protect their anonymity.

1946 – The A.A. Grapevine announced, “A.A. has 6,000 members in 180 groups.”

1950 – Dr. Bob told Bill W. “I reckon we ought to be buried like other folks.” He wanted no memorial.

1951 – Al-Anon was founded by Lois W. and Anne B.

1956 – The first English AA Convention was held in Cheltenham, England

1962 – The A.A. Grapevine published the first “Victor E.” cartoon.

1971 – Bill W. was buried in private ceremony, in East Dorset, Vermont. Dr. Jack Norris gave the eulogy.

1980 – “Dr. Bob and the Good Oldtimers” was published.

2000 – Dr. Paul O. died at the age of 83. He was author of “Acceptance Was the Answer” in the 4th edition of the Big Book. This story was titled “Doctor, Alcoholic, Addict” in the 3rd edition.

Upcoming Events

GSR WORKSHOP

Sponsored by Area 23 - Hosted by District 18A

Saturday May 11, 2019 @ 1:00- 4:00 PM

Greencastle Peace Lutheran Church

1421 S. Bloomington Ave.

Greencastle, IN. 46135

BACK TO BASICS WOMEN'S CONFERENCE

May 18, 2019 @ 9:00 am – 4:00 pm

Mahoning Valley Christian Camp

3823 E 255 North

Rushville, IN 46173

COST: \$18/pre \$20/door

[Click Here For Flyer](#)

RECOVERYFEST 2019

May 25, 2019 @ 12:00 pm – 7:00 pm

Holy Cross Catholic Church

125 North Oriental Street.

Indianapolis, IN 46202

[Click Here For Flyer](#)

JOHNSON AVE. GROUP 65TH ANNIVERSARY

May 25, 2019 @ 6:00 pm – 9:00 pm

Irvington Presbyterian Church

55 Johnson Ave

Indianapolis, IN 46219

[Click Here For Flyer](#)

Progress House Next Step Memorial Day Celebration

May 26, 2019 @ 4:00 pm – 8:00 pm

2456 North Bolton Ave.

Indianapolis, IN. 46218

[Click Here For Flyer](#)

To See The Calendar Of All Upcoming Events: [Click Here](#)

District and Area Meeting Schedule

DISTRICT 20 MONTHLY MEETING

May 6 @ 7:00 pm – 8:00 pm
Avon United Methodist Church
6850 E US Hwy 36
Avon, IN 46123

INDIANAPOLIS INTERGROUP SUNDAY

May 12, 2019 @ 9:30 am-10:30 am
UAW 933 Union Hall
2320 S. Tibbs Ave.
Indianapolis, IN 46241

DISTRICT 36 A/B MONTHLY MEETING

May 13, 2019 @ 7:00 pm
Paragon Restaurant
118 S. Girls School Road
Indianapolis, IN 46214

DISTRICT 26 MEETING

May 14, 2019 @ 6:30 pm – 7:30 pm
Allisonville Friends Church
7701 Allisonville Road
Indianapolis, IN 46250

DISTRICT 24 MEETING

May 14, 2019 @ 6:45 pm – 8:00 pm
Carvel Club
4627 Carvel Avenue
Indianapolis, IN 46205

DISTRICT 30 MEETING

May 26, 2019 @ 1:00 pm – 2:30 pm
Club East
441 S Ritter Ave.
Indianapolis, IN 46219

DISTRICT 22 MEETING

May 30, 2019 @ 6:30 pm – 7:30 pm
Orchard Park Presbyterian Church
1605 East 106th Street
Indianapolis, IN 46280

May Committee Announcements

Update from the Archives Committee:

Just an update on the archives. We are about finished with the inventory of our literature. Our next phase is going to be with audio archives. This includes records, tapes, and cd's. Not only will we be doing an inventory and catalog of these things but we are also planning on making a transfer of these to a digital file. We are asking for assistance from anyone who may have the knowledge, skill, and equipment to help us out.

Have a Great Day, Rick...Chairperson, Archive Committee

INDIANAPOLIS INTERGROUP SUNDAY

May 12, 2019 @ 9:30 am-10:30 am
UAW 933 Union Hall
2320 S. Tibbs Ave.
Indianapolis, IN 46241

Service Help Needed With:

Archives - Volunteers needed to catalog and organize the Archive materials

Corrections – Take AA meetings into Marion County Jail and Morgan County Jail

Telephone Answering Service – Take calls after office hours

Intergroup Volunteers Needed in Central Office
Call 317-632-7864 if you can help

What is the Intergroup?

Indianapolis Intergroup consists of 12 standing committees and 1 service committee. To learn more about Indianapolis Intergroup as well as view a list of all the committees and what service they provide click on the link below.

[Indianapolis Intergroup Information](#) [Click Here](#)



**There Were No Articles Or Reader Shares Submitted
For The May 2019 Issue Of The SOS Newsletter.**

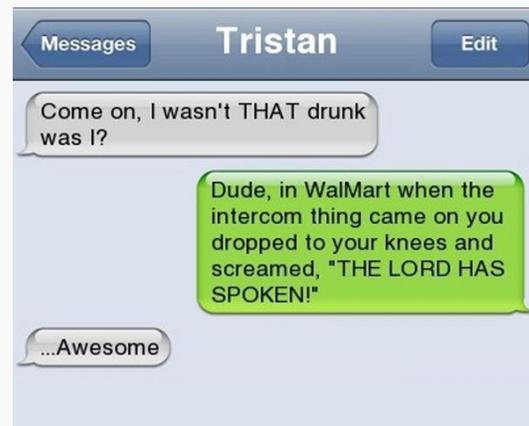
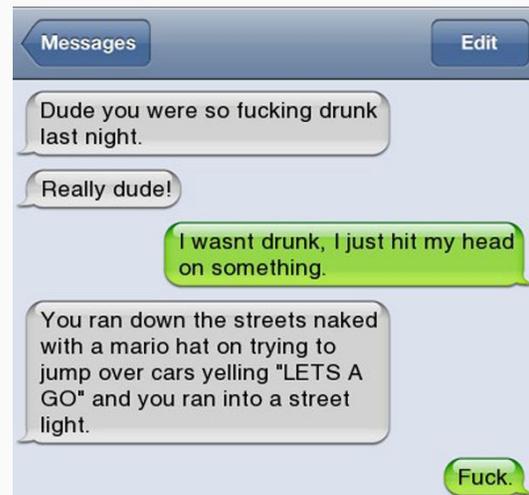
**The Following Article Is Reprinted From The May 2013 Edition
Of Paper III (SOS)**

Ego Deflation

Back in elementary school, I had a classmate named Sharon. When the teacher asked a question and Sharon knew the answer, her hand would shoot in the air hurtling past her classmates who had become accustomed to this bizarre behavior. Sharon's hand would wave back and forth as she jumped wildly in her desk, catapulting it into another dimension. Her voice then would make desperate grunting sounds. Once, another classmate, Kenny, reacted by crying, "Gosh, Sharon, don't SUFFER!" When I'm in a discussion meeting of Alcoholics Anonymous and think I have something good to share, I remember Sharon and her waving hand. I don't act like her but sometimes I feel like her, knowing I have the right answer, which everyone is waiting for. One time when I felt like that, I got an amusing dose of ego deflation! It was at a meeting I had not attended before. While someone brought up a topic, an idea from the Big Book popped into my mind. I was eager to share it –knowing it would be a great insight for everyone. Unfortunately this was a meeting where the discussion went around the room in order of seating. Reluctantly, I would have to wait my turn. As the meeting was drawing to a close, I began to have a frantic feeling that the people in this room were going to miss the wonderful answer that I was prepared to provide. Then, I'm embarrassed to admit, the thought flashed into my mind of the hundreds of other people in other meetings all across the Central Indiana area who were also going to miss what I had planned to say! Well, I'm glad to say that just watching that thought go through my mind almost made me laugh out loud! And with some hot air let out of my ego that day, I now have a different thought when I don't get a turn to share at a discussion meeting. First, I resolve to "keep coming back". (Hey, how else am I going to know if the other members survived the week without hearing what I had to say?) Second, if what I had to say still seems interesting by the time I get home, I can write it as an article for The Paper III. If everyone did that, we'd have PLENTY of submissions for the paper, don't you think?

Marvin R

Not A Glum Lot S.O.S Funnies



Tongue Tied

Two police officers saw this old woman staggering down the street, stopping her they can tell she has had far too much to drink and instead of taking her to jail they decide to just drive her home.

They loaded her into the police cruiser one of the officers gets in the back with the drunk woman. As they drove through the streets they kept asking the woman where she lived, all she would say as she stroked the officers arm is "Your Passionate".

They drove awhile longer and asked again, again the same response as she stroked his arm "Your Passionate".

The officers were getting a little upset so they stopped the car and said to the woman, Look we have driven around this City for two hours and you still haven't told us where you live.

She replied I keep trying to tell you: "Your Passin It!"

JUNE TOPIC SUGGESTION

Step 6. "Were entirely ready to have God remove all these defects of character"

Share your Experience, Strength, and Hope regarding STEP 6 for the June Edition of S.O.S.

****Submissions are not limited to the suggested topic and we encourage you to write about any topic as it relates to Alcoholism for any month.****

Submissions for June Edition are due by May 25th. Any submissions received after May 25th will be included in the July Edition.

Please submit to sos@indyaa.org and title your email "Newsletter Submission".

Please keep all submission around 700 words or less.

Include a title for your submission where applicable. If no title is included, we may provide one for you.

If you wish to be published anonymously, DO NOT include your name in your document and please write "post anonymously" in your email submission to SOS.

If you wish for your name or initials to be published, please write it at the end of your submitted document exactly as you would like it published. If no indication of intent has been made, your submission will automatically be posted anonymously.

Please note, only first names, first name and last initial, or initials only, will ever be published. We will never post last names even if you submit them.

We look forward to hearing from you!

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