

S.O.S Sheets of Sobriety



August Edition 2018

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History

Notable August Dates In A.A.

1938 - Akron & NY members begin writing stories for Big Book

August 1, 1939 - Dr Bob and Sister Ignatia admit 1st alcoholic to St
Thomas Hospital, Akron, Ohio

1941 - Bill writes Dr Bob to tell him Works Publishing has been incorporated

1941 - 1st AA Meeting in Colorado is held in Denver

1941 - 1st meeting in Orange County, California held in Anaheim

1943 - AA group donates Big Book to public library in Quincy, MA

1946 - Washington Times-Herald (DC) reports on AA clubhouse, to protect members anonymity, withholds address

1954 - 24 Hours a Day is published by Richmond Walker

1981 - -Sales of the Big Book passes 3,000,000

1988 - 1st Canadian National AA Convention in Halifax, Nova Scotia

NOTABLE AUGUST BIRTHDAYS

August 8,1879 - Dr Bob S. is born in St Johnsbury, Vermont

August 15,1890 - E. M. Jellinek, Ph.D., is born, author of "The Disease Concept of Alcoholism" and the "Jellinek Curve"

Upcoming Events



The Pleasant Group & The Pleasant Beginners Group Anniversary

August 22, 2018 @ 6:00 pm – 8:30 pm

Greenwood United Methodist Church

525 N Madison Ave

Greenwood, IN 46142

Please bring covered dish! [Click For Flyer](#)

Long Timers' Panel & Ice Cream Social

August 25, 2018 @ 3:00 pm – 5:00 pm

Club East

441 S Ritter Ave

Indianapolis, IN 46219 [Click For Flyer](#)

To See All Future Upcoming Events: [Click Here](#)

District and Area Meeting Schedule

QUARTERLY COMMITTEE MEETING

August 4, 2018 @ 1:00 pm – 3:00 pm

Central Office

1915 W 18th St

Indianapolis, IN 46202

DISTRICT 34 MONTHLY MEETING

August 4, 2018 @ 9:00 am – 11:00 am

Southport United Methodist Church

1947 E Southport Rd

Indianapolis, IN 46227

DISTRICT 38 GSR MEETING

August 11, 2018 @ 10:00 am – 11:00 am

St Thomas Catholic Church

4625 N Kenwood Ave

Indianapolis, IN 46208

INDIANAPOLIS INTERGROUP SUNDAY

August 12, 2018 @ 9:30 am-11:00 am

UAW 933

2320 S. Tibbs Ave.

Indianapolis, IN 46241

DISTRICT 36 A/B MONTHLY MEETING

August 12, 2018 @ 5:30 pm

West Side Club

6450 W 10th St. Indianapolis, IN 46214

DISTRICT 24 MEETING

August 14, 2018 @ 6:45 pm – 8:00 pm

Carvel Club

4627 Carvel Avenue

Indianapolis, IN 46205

DISTRICT 22 MEETING

August 30, 2018 @ 6:30 pm – 7:30 pm

Orchard Park Presbyterian Church

1605 East 106th Street

Indianapolis, IN 46280



Committee Announcements

QUARTERLY COMMITTEE MEETING

August 4, 2018 @ 1:00 pm – 3:00 pm

Central Office

1915 W 18th St

Indianapolis, IN 46202

INDIANAPOLIS INTERGROUP SUNDAY

August 12, 2018 @ 9:30 am-11:00 am

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2320 S. Tibbs Ave.

Indianapolis, IN 46241

What is Intergroup?

Indianapolis Intergroup consists of 12 standing and 1 service committee listed below.

- **Special Events Committee** – Coordinates, publicizes and documents all special events throughout the year for the use of the Committee in following years, such as the Annual Banquet.
 - **Correctional Facilities Committee** – Coordinates the work of individual A.A. members and groups who carry the message of recovery to alcoholics in correctional facilities.
 - **Treatment Facilities Committee** – Coordinates the work of individual A.A. members and groups who carry the message of recovery to alcoholics in treatment facilities, hospitals, and rehabilitation centers. Arranges volunteer groups to attend scheduled A.A. meetings.
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- **Telephone Answering Committee** – Coordinates individual A.A. members to answer telephone calls on their personal phones when the Indianapolis Intergroup office is closed.
 - **Public Information Committee** – (School Talks) Carries the A.A. message to the Indianapolis and surrounding communities through school, news media, civic groups, business organizations, clergymen, doctors, alcoholic treatment centers, hospitals, judges, and court programs. Handles requests by area schools, the media, and civic and business groups. Provides individual members to staff health fair booths and other entities as they may appear.
 - **Sheet Of Sobriety (S.O.S.) Committee** – Assembles articles and submissions for publication from Indianapolis A.A. Members, Intergroup Committee Chairs, and the Central Office Manager for the monthly newsletter, Sheets Of Sobriety (S.O.S.). Publications provided digitally via email subscription and on the www.indyaa.org, both free of charge.
 - **Finance Committee** – Reviews and oversees pertinent financial concerns, budgets, and accounting.
 - **Nominating Committee** – Seeks out individual A.A. members to stand for election on the Service Committee.
 - **Cooperation with Professional Community (CPC) Committee** – Acts as a liaison between the professional community and Alcoholics Anonymous to further public awareness.
 - **Development Committee** – Develops greater group representation at the monthly intergroup meetings.
 - **Archives Committee** – Collects, categorizes, displays, and protects the historical A.A. documents and memorabilia of Indianapolis Intergroup.
 - **Accessibilities Committee** – Makes A.A. available to Special Needs A.A. members, i.e. blind, visually impaired, deaf, confined to beds, or wheel chairs. Provide A.A. literature printed in Braille, large print or on CD. Locates interpreters in American Sign Language. Recruits A.A. members to take meetings into nursing and rest homes, etc.
 - **Service Committee**- Includes Representatives for the four designated areas of town (North, East, South, West), the Intergroup Chair, Co-Chair and the Service Committee Chair. The Central Office Manager is an ex-officio member.
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There were no reader submissions for the August newsletter!

We are always accepting your submissions of Experience, Strength , and Hope for publication in the S.O.S. Newsletter.

If you have a story or experience about recovery you would like to share, please send it to us.

The suggested topic each month is the Step coinciding with that month, but we will gladly accept any shares you might care to submit.

Guidelines for submissions are posted under the topic section at the end of the newsletter.



Not A Glum Lot

S.O.S Funnies

A fellow decides to take off early from work and go drinking.
He stays until the bar closes at 2am, at which time he is extremely drunk.

When he enters his house, he doesn't want to wake anyone, so he takes off his shoes and starts tip-toeing up the stairs.

Half-way up the stairs, he falls over backwards and lands flat on his rear end.

That wouldn't have been so bad, except that he had couple of empty pint bottles in his back pockets, and they broke, and the broken glass carved up his buttocks terribly.

But,he was so drunk that he didn't know he was hurt.

A few minutes later, as he was undressing, he noticed blood,so he checked himself out in the mirror, and, sure enough, his behind was cut

up something terrible.

Well, he repaired the damage as best he could under the circumstances,
and he went to bed.

The next morning, his head was hurting, and his rear was hurting, and
he was hunkering under the covers trying to think up some good story,
when his wife came into the bedroom.

"Well, you really tied one on last night," she said.

"Where'd you go?"

"I worked late," he said, "and I stopped off for a couple of beers."

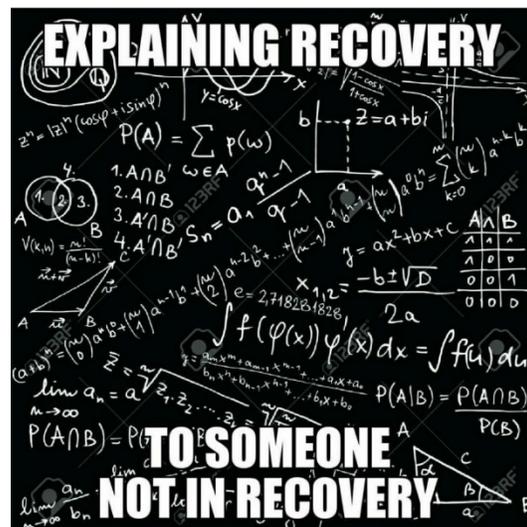
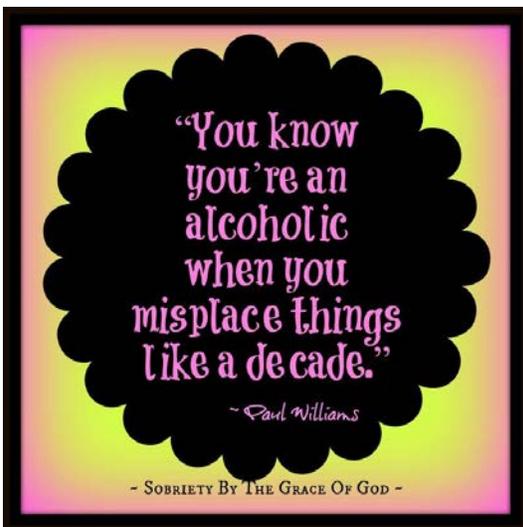
"A couple of beers? That's a laugh," she replied, "You got plastered
last night. Where the heck did you go?"

"What makes you so sure I got drunk last night, anyway?"

"Well," she replied, "my first big clue was when I got up this morning
and found a bunch of band-aids stuck to the mirror."



"Hi, my name's Terry... and I'm a battery."



September Topic Suggestion

Topic Suggestion for September.

"Amends"

9. Made direct amends to such people wherever possible, except when to do so would injure them or others.

Share your Experience, Strength, and Hope regarding Step 9 for the September Edition of S.O.S.

****Submissions are not limited to the suggested topic and we encourage you to write about any topic as it relates to Alcoholism for any month.****

Submissions for September Edition are due by August 25th. Any submissions received after August 25th will be included in the October Edition.

Please submit to sos@indyaa.org and title your email "Newsletter Submission".

Please keep all submission around 700 words or less.

Include a title for your submission where applicable. If no title is included, we may provide one for you.

If you wish to be published anonymously, DO NOT include your name in your document and please write "post anonymously" in your email submission to

SOS.

If you wish for your name or initials to be published, please write it at the end of your submitted document exactly as you would like it published. If no indication of intent has been made, your submission will automatically be posted anonymously.

Please note, only first names, first name and last initial, or initials only, will ever be published. We will never post last names even if you submit them.

We look forward to hearing from you!

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