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District Meetings: Dates, Times and Locations of District Meetings

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Share Your Story: Readers Shares and Stories

SOS Funnies: A Bit Of Drinking Humor

Topic Time: Topic for next month and call for entries.

Committee Announcements

VOLUNTEERS NEEDED

****Public Information Committee is Currently seeking a new Chairperson and Co-Chair.****

****S.O.S. Committee is currently seeking a Co-Chair****

Indianapolis Intergroup Sunday

April 14, 2019 @ 9:30 am-10:30 am
UAW 933 Union Hall
2320 S. Tibbs Ave., Indianapolis, IN 46241

Marion County Jails Volunteer Orientation

****Men and Women Needed****
April 23, 2019 @ 6:00 pm
Central Office
1915 W. 18th St. Suite D, Indianapolis, IN 46202
[Click Here For Flyer](#)

Telephone Answering Service (TAS) Workshop

Sat. April 27, 2019 @ 12:00 pm – 1:00 pm
Sun. April 28, 2019 @ 12:00 pm – 1:00 pm
Central Office
1915 W. 18th St. Suite D, Indianapolis, IN 46202
[Click Here For Flyer](#)

We Need Help With

Corrections – Take AA meetings into Marion County Jail and Morgan County Jail

Telephone Answering Service – Take calls after office hours

SOS Sheets of Sobriety Newsletter – Submit your stories and meeting news

Intergroup Volunteers Needed in Central Office as well as help needed on most Committees.

Call 317-632-7864 if you can help

What is Intergroup?

Indianapolis Intergroup consists of 12 standing committees and 1 service committee. To learn more about Indianapolis Intergroup as well as view a list of all the committees and what service they provide click on the link below.

Indianapolis Intergroup Information [Click Here](#)



District and Area Meeting Schedule

DISTRICT 20 MEETING

April 1, 2019 @ 7:00 - 8:00 pm
Avon United Methodist Church
6850 E US Hwy 36
Avon, IN 46123

DISTRICT 36 A/B MONTHLY MEETING

April 8, 2019 @ 7:00pm
Paragon Restaurant
118 S. Girls School Road
Indianapolis, IN 46214

DISTRICT 26 MEETING

April 9, 2019 @ 6:30 pm – 7:30 pm
Allisonville Friends Church
7701 Allisonville Road
Indianapolis, IN 46250

DISTRICT 24 MEETING

April 9, 2019 @ 6:45 pm – 8:00 pm
Carvel Club
4627 Carvel Avenue
Indianapolis, IN 46205

INDIANAPOLIS INTERGROUP SUNDAY

April 14, 2019 @ 9:30 am-11:00 am
UAW 933 Union Hall
2320 S. Tibbs Ave.
Indianapolis, IN 46241

DISTRICT 22 MEETING

April 25, 2019 @ 6:30 pm – 7:30 pm
Orchard Park Presbyterian Church
1605 East 106th Street
Indianapolis, IN 46280

DISTRICT 30 MEETING

April 28, 2019 @ 1:00 pm – 2:30 pm
Club East
441 S Ritter Ave.
Indianapolis, IN 46219

Upcoming Events

HERSTORY 1st Anniversary Pitch In

April 2, 2019 @ 6:00 pm – 8:00 pm

Club East

441 S Ritter Ave

Indianapolis, IN 46219

Bring your favorite dish

[Click Here For Flyer](#)

TLC Dinner

April 5, 2019 5:30 pm - 8:00 pm

Hendricks County Fairgrounds

1900 E. Main Street

Danville, Indiana 46122

Speaker: Dave C. from Indian Lake, Ohio

[Click Here For Flyer](#)

33rd ANNUAL WEST CENTRAL INDIANA MINI-CONFERENCE

April 6, 2019 All-day

Hendricks County Fairgrounds

1900 E. Main Street

Danville, Indiana 46122

Advanced Tickets \$13 . Tickets at the Door \$15

[Click Here For Flyer](#)

District 26 Chili Cook Off

April 13, 2019 @ 2:00 pm – 5:00 pm

Carvel Club

4627 Carvel Avenue

Indianapolis, IN 46205

[Click Here For Flyer](#)

District II Presents Discussion Topic

April 13, 2019 @ 3:00 pm – 6:00 pm

Way Out Club

226 Cherry Street

Greenfield, IN 46140

[Click Here For Flyer](#)

Marion County Jails Volunteer Orientation

****Men and Women Needed****

April 23, 2019 @ 6:00 pm

Central Office

1915 W. 18th St. Suite D

Indianapolis, IN 46202

[Click Here For Flyer](#)

Fellowship Of The Spirit

April 27, 2019 @ 11:00 am – 2:00 pm

Lighthouse Tabernacle Church

2599 East 98th Street

Indianapolis, IN 46280

[Click Here For Flyer](#)

Telephone Answering Service (TAS) Workshop

Sat. April 27, 2019 @ 12:00 pm – 1:00 pm

Sun. April 28, 2019 @ 12:00 pm – 1:00 pm

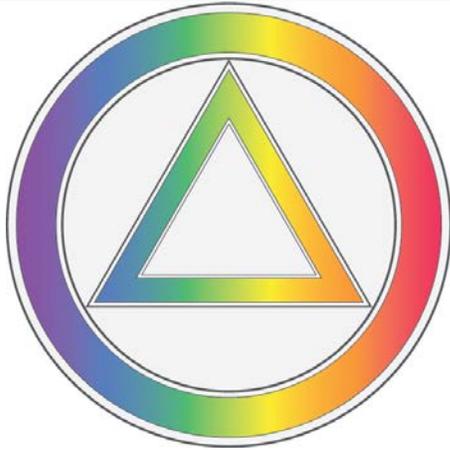
Central Office

1915 W. 18th St. Suite D

Indianapolis, IN 46202

[Click Here For Flyer](#)

To See The Calendar Of All Upcoming Events: [Click Here](#)



HISTORICAL APRIL DATES IN A.A. HISTORY

1938: Alcoholic Foundation held its first meeting.

1939: Marty Mann attended her first meeting at the home of Bill and Lois Wilson in Brooklyn.(Founder of National Council on Alcoholism)

April 1, 1939: Alcoholics Anonymous AA's Big Book was published.

1940: First AA group in Little Rock, Arkansas, was formed.

1940: The first AA pamphlet, "AA", was published.

1941: First Florida AA meeting was held.

1941: Ruth Hock reported there were 1,500 letters asking for help, as a result of the Saturday Evening Post Article by Jack Alexander published on March 1st.

1950: Saturday Evening Post article "The Drunkard's Best Friend" by Jack Alexander. (Follow up to 1941 article)

1951: AA's first General Service Conference was held.

1960: Bill Wilson refused to be on the cover of Time Magazine

1973: Dr Jack Norris Chairman of the AA General Service Board, presented President Richard Nixon with the one-millionth copy of the Big Book at the White House.

1989: The film "My Name is Bill W.," a Hallmark Hall of Fame presentation, was broadcast on ABC TV.

Notable Deaths

April 3, 1960: Fr. Ed Dowling, S.J., died. He was Bill W's "spiritual sponsor."

April 1, 1966: Sister Ignatia died at the age of 77. She worked with Dr. Bob in treating many early AA members at St. Thomas Hospital in Akron.

April 2, 1966: Harry Tiebout, M.D. died.(Psychiatrist who first promoted the Alcoholics Anonymous approach to the public, patients and fellow professionals)

The Saturday Evening Post Articles by Jack Alexander

Below are links if you would like to read the articles on Alcoholics Anonymous written by Jack Alexander for The Saturday Evening Post. These articles were a major catalyst to bringing national attention to both Alcoholism and Alcoholics Anonymous.

March 1st,1941 article "Alcoholics Anonymous".. [Read Here](#)

April 1st, 1950 article "A Drunkards Best Friend"..[Read Here](#)



Step Four

When I first came into contact with A.A., with a desire to get sober, I admit that I was only a half-hearted participant. It took a very long time and many, many, attempts before I reached sobriety. Step 4 was the one step that seemed like a brick wall for me. I had a great fear of actually doing an inventory of all my faults, all my shortcomings, all the “bad” I had inside me. I had a real fear of discovering that I was not the great person that I envisioned in my mind. It was easy as an alcoholic to point fingers at everyone or everything for causing me my troubles, but an entirely different story when it came to looking at myself and my shortcomings as the cause of these troubles. I mean after all, I was close to perfect! I could never fully sit down and look at myself and what shortcomings and faults I had, I only saw what other people had done to me. I could not see that it was my own behavior that was what caused others to treat me as they did.

But, without doing this inventory, this fearless and thorough look at myself, I never could have made those changes needed to achieve sobriety. It allowed me to see what my faults, my fears, my deficiencies of character were. It gave me a clear idea on the changes that needed to be made, to me, by me, if I hoped to stay sober. Without the inventory, I would not have known the things in my life that needed changed, the things that were keeping me from reaching sobriety. It was this inventory that laid the foundation for all the steps to follow. It gave me a clear understanding of the changes needed in my life, and the changes needed in me.

By: Anonymous

Why I Do Service

(Reprinted from Dec.2017 S.O.S.)

Service work is an important part of the A.A. fellowship, and has been since the very start. Ever since the 1st time Bill W. called on Dr. Bob, doing service for another alcoholic has remained a cornerstone of the A.A. program. I find service work to be both a necessary and rewarding part of my recovery.

There are many ways to provide service within the A.A. Fellowship, something that can suit everyone. All that is required is a willingness and availability to help out. For those new to the fellowship, it might be something as simple as sharing your experience in a meeting. You never know whom your experiences may help.

Service can also be as simple as greeting people before a meeting, making coffee, setting up or putting away chairs for a meeting. For those who have some sober time, there are positions such as chairperson, secretary, Intergroup and G.S.O. that require filling. Not every position suits everyone, but there is always something that can be done that provides service to another.

Eventually you might have a newcomer ask for your help as a sponsor, to guide them through the steps as you were. Every time you share, listen, lend a hand, or sit down and talk with another alcoholic, you are performing service work. I have always found that doing service work teaches me to be humble, it keeps me responsible and accountable my own actions, and it does provide great pleasure to be able to help.

I would like to share a passage from the Big Book, Dr. Bob's Nightmare, pp. 180-181. "I spend a great deal of time passing on what I learned to others who want and need it badly. I do it for four reasons: 1. Sense of duty. 2. It is a pleasure. 3. Because in so doing I am paying my debt to the man who took time to pass it on to me. 4. Because every time I do it I take out a little more insurance for myself against a possible slip."

By: Todd C.

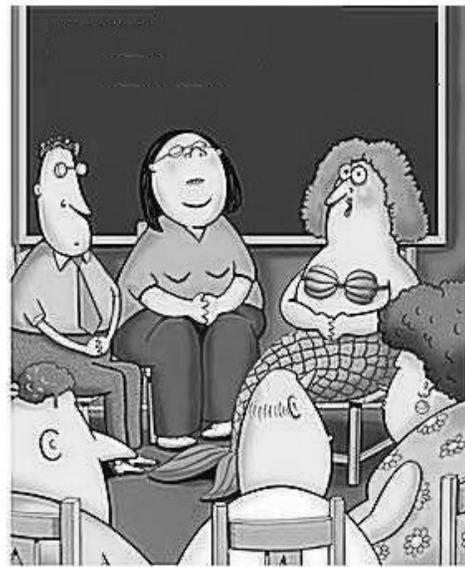
WE ARE NOT A GLUM LOT

FUNNIES

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The Minister Tried Baptizing A Drunk

A man is stumbling through the woods totally drunk when he comes upon a preacher baptizing people in the river. The drunk walks into the water and subsequently bumps into the preacher. The preacher turns around and is almost overcome by the smell of booze. Whereupon he asks the drunk, "Are you ready to find Jesus?"

"Yes I am" replies the drunk,..... so the preacher grabs him and dunks him in the river. He pulls him up and asks the drunk, "Brother have you found Jesus?"

The drunk replies, "No, I haven't." The preacher, shocked at the answer, dunks him into the water again, but for a bit longer this time. He pulls him out of the water and asks again, "Have you found Jesus, my brother?"

The drunk again answers, "No, I have not found Jesus."

By this time the preacher is at his wits end so he dunks the drunk in the water again, but this time he holds him down for about 30 seconds.

When the drunk begins kicking his arms and legs, the preacher pulls him up. The preacher asks the drunk again, "For the love of God, have you found Jesus?"

The drunk wipes his eyes, catches his breath and says to the preacher, "Are you sure this is where he fell in???"

A friend of mine is addicted to drinking brake fluid.

He says he can stop at any time.

Another friend used to be addicted to drinking detergent.

But he's clean now.

A Cop is behind a car not driving to straight and decides to pull it over, Officer walks up to drivers door and sees Father O'Toole behind the wheel.

Cop - Evening Father, Have you been drinking ?

Father - Not at all Sir

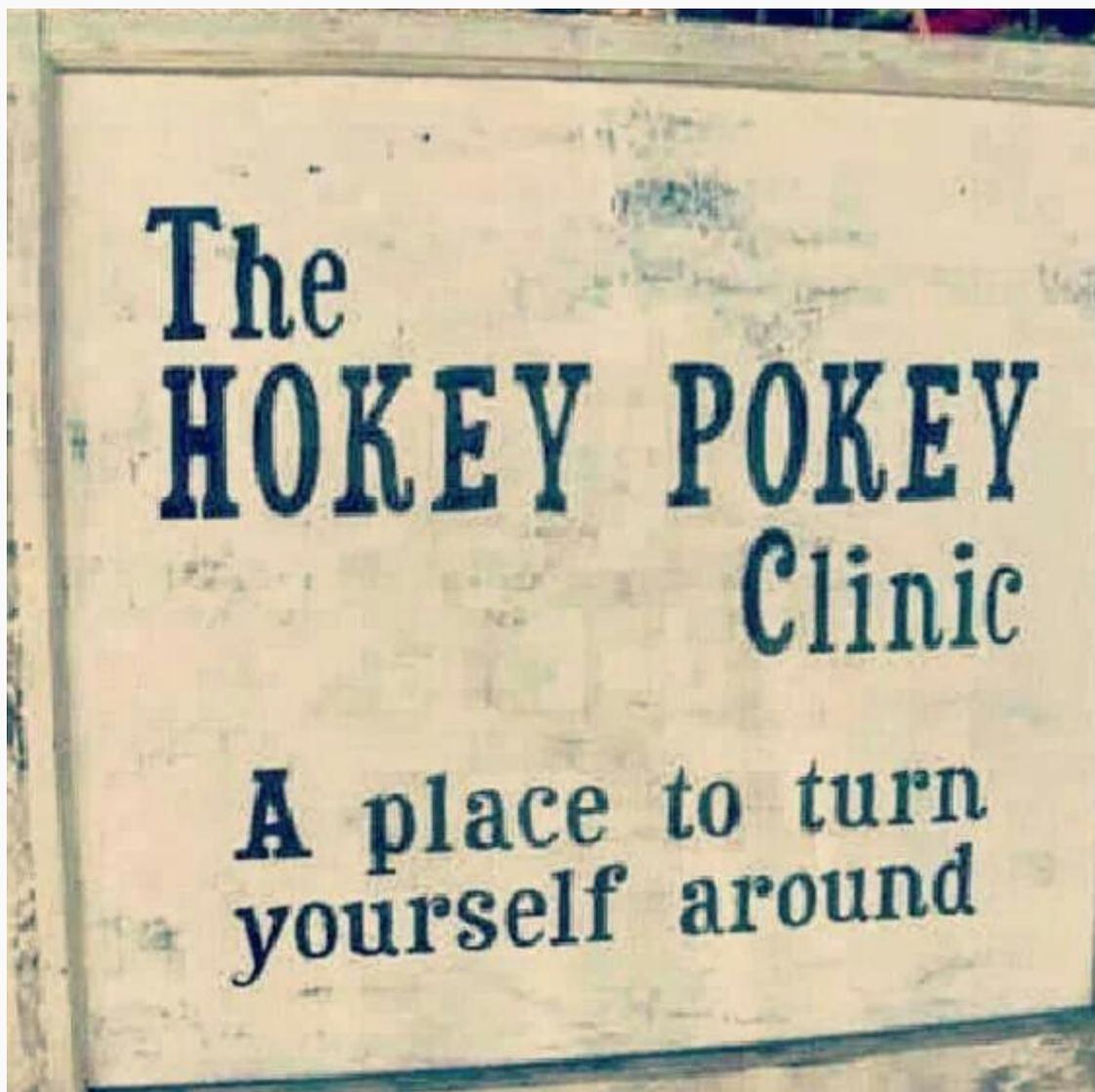
Cop - Do you mind if I ask you whats in that bottle on the passenger seat?

Father - Ah thats just water young man

The police officer is not so sure and asked the priest to hand it over, opening the bottle, smelling it and pouring some out he sees it's wine.

Cop - would you mind explaining this Father?

Father - Sweet Jesus he's done it again



SUGGESTED TOPICS FOR MAY

STEP 5 and TRADITION 5

STEP 5: "Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

TRADITION 5: " Each group has but one primary purpose—to carry its message to the alcoholic who still suffers."

Share your Experience, Strength, and Hope regarding STEP 5 or TRADITION 5 for the April Edition of S.O.S.

****Submissions are not limited to the suggested topic and we encourage you to write about any topic as it relates to Alcoholism for any month.****

Submissions for May Edition are due by April 25th. Any submissions received after April 25th will be included in the June Edition.

Please submit to sos@indyaa.org and title your email "Newsletter Submission".

Please keep all submission around 700 words or less.

Include a title for your submission where applicable. If no title is included, we may provide one for you. If you wish to be published anonymously, DO NOT include your name in your document and please write "post anonymously" in your email submission to SOS. If you wish for your name or initials to be published, please write it at the end of your submitted document exactly as you would like it published. If no indication of intent has been made, your submission will automatically be posted anonymously.

Please note, only first names, first name and last initial, or initials only, will ever be published. We will never post last names even if you submit them.

We look forward to hearing from you!

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