

THE PAPER III

A publication of Indianapolis Intergroup

YESTERDAY...TODAY AND TOMORROW

THERE are two days in every week about which we should not worry, two days which should be kept free from fear and apprehension.

One of these days is YESTERDAY with its mistakes and cares, its faults and blunders, its aches and pains. YESTERDAY has passed forever beyond our control.

All the money in the world cannot bring back YESTERDAY. We cannot undo a single act we performed; we cannot erase a single word we said. YESTERDAY is gone.

The other day we should not worry about is TOMORROW with its possible adversaries, its burdens, its large promise and poor performance. TOMORROW is also beyond our immediate control.

TOMORROW'S sun will rise, either in splendor or behind a mask of clouds--but it will rise. Until it does, we have no stake in TOMORROW for it is as yet unborn.

This leaves only one day--TODAY--. Any man can fight the battles of just one day. It is only when you and I add the burdens of those two awful eternities--YESTERDAY and TOMORROW that we break down.

It is not the Experience of TODAY that drives men mad--it is remorse or bitterness for something which happened YESTERDAY and the dread of what TOMORROW may bring.

LET US, THEREFORE, LIVE BUT ONE DAY AT A TIME.

INSIDE...



Resentment

2



Special Events

3



Faithful Fivers
May Birthdays

4



Help
Wanted

5

paper3indy@hotmail.com

www.indyaa.org (Intergroup)

July 1945. Vol. 2 No.2 - Author
unknown. Reprinted with permission
of the AA Grapevine.

The Paper III is published monthly by Indianapolis Intergroup with help from area AA members. Please send submissions, comments and questions to The Paper III via e-mail at paper3indy@hotmail.com or via snail mail to Indianapolis Intergroup, 136 East Market St, Ste 1030, Indianapolis, IN 46204. Opinions expressed herein are not necessarily those of Indianapolis Intergroup or AA as a whole, and publication does not imply endorsement by AA at any level. The names Alcoholics Anonymous and AA are registered trademarks of AA. Once printed, all original material becomes the property of Indianapolis Intergroup, Inc., but the author or any other publication may use any material with attribution.

The Resentment With No Name

When I finally gave up and begged God for help, I had been dry and going to AA meetings for seven years. I wasn't happy, joyous, or free; angry, scared, and losing hope was more like it. I also had a big resentment.

I'd tried the geographical cure--I moved from the Seattle area, where a judge had correctly diagnosed my alcoholism and directed me to AA--to south Texas, and then to Alaska. I kept thinking that adventure and excitement would be my answer. But in Alaska, my credit card, which I used to escape from the pain of my actions, expired. Because I had traveled so much, the new one hadn't caught up with me. I couldn't run. So I had to feel my life, and it felt scary. I remembered what I'd heard in a meeting, "What do you have to lose?" It was obvious, even to me, that my way wasn't working. So, one day out at the Soldotna Airport, I fell on my knees and said, "God, help me." And I really meant it.

I was willing to go to any lengths. Within a few days, I got a sponsor and started working the Steps. John M. patiently worked with me. When I got to Step Four, he told me to write down the "people, institutions, or principles" that made me angry. One of the first people I put down was the commanding officer in my U.S. Navy aviation detachment. I couldn't remember his name.

My thinking went like this: I was over in Vietnam risking my life for my country (actually, I was getting three squares a day, a shower, and my own bed every night, with little risk of attack on my aircraft carrier). When my brother died, this "lifer" (a derogatory term) refused to give me emergency leave to go home and comfort my family. So, I certainly felt wronged. Wasn't I a victim? Didn't life suck? Why wasn't life more fair?

John told me that even if I couldn't find the people I needed to make amends to, I should change my attitude so that I would be willing to make the amend if God ever presented the opportunity. Throughout the years, I persevered in cleaning up the wreckage of my past. I traveled to my father's grave and made peace with him. With the help of AA's principles, I no longer run, and I don't owe anyone any money. As I learned to work the principles of the program, other parts of my life began to improve. One day in 1992, in Anchorage, Alaska, I was asked to split a pitch with another member at a Sunday morning meeting. I met Stu, the other speaker. After the meeting, we decided to go out for breakfast.

As Stu and I talked, we shared about our drinking: "I did a lot of my drinking in the Navy," Stu said. "Oh, yeah? Me, too," I replied. "I was on a carrier at Yankee Station in 1968." "Really? Me, too." "I was an enlistedman in an aviation squadron on the F.D.R." "Oh yeah? Which one?" I named the squadron. Stu piped up and said, "I was your commanding officer!" Afterward, I was able to tell him my story, and how working the Steps over four years had helped relieve me of my resentment against him.

(continued on page two)

(continued from page two)

The resentment-causing encounter between Stu and I occurred in 1968. I went on to drink another sixteen years and, when I was really feeling down, I would dredge up my resentment against a man whose name I couldn't remember. But in 1992, God brought us together in an AA meeting halfway around the world. My resentment was gone and we were both sober. What happened that morning proved to me that there is a God, that he loves me, and that his schedule is better than anything I can think up.

When I follow the "blueprint for living" in the Big Book, I get a life that is happy, joyous, and free. When I first came to Alcoholics Anonymous, I couldn't see how the Steps would help me with my problems. But today, I no longer fight or question this program. Ever since I honestly did Step Three, the evidence of a loving God is everywhere, and each day I try to work the discipline outlined in Step Eleven into my life. I'm one of the fortunate ones.

Steve E.
Paso Robles, CA
Reprinted with permission of the AA Grapevine Apr. 2007

Special Events 2012

Saturday May 05, 9am - 12pm

GSR School

Hosted by: District 24A/B & 36 A/B

Free Methodist Church

2302 W. Morris

Indianapolis, IN 46221

Saturday, May 12, 11:00 am - 2:00 pm

*2nd Annual Never Too Young Cook-out and Speaker
Panel*

Suburban North Club

1811 S 10th St.

Noblesville, IN

**Sunday, May 20, Sunday, 9:00 am
- 3:00 pm (ET)**

*Area 23 Assembly Hosted by District
10*

Tom Green Drive & Hancock
Avenue

Mitchell, IN. 47446

Saturday, May 26, 6:00 pm

*Johnson Avenue Group 58th
Anniversary Dinner*

Fellowship at 6 Dinner at
7 Speaker at 8

Irvington Presbyterian Church

55 Johnson Avenue

Indianapolis, IN 46219

For more information on these and other events, see the Intergroup Web site at
www.indyaa.org/events/october.htm

Become a Faithful Fiver

Remember wasting more than \$5 drinking? Why not contribute \$5 to carry the message?

Faithful Fivers are A. A. members who donate \$5 or more per month to help support Indianapolis Intergroup.

Become a Faithful Fiver. Your contribution will help carry the message of Alcoholics Anonymous

Indianapolis Intergroup Faithful Fiver Form Date _____

YES, I want to help continue to carry our life-saving message of hope.

I will contribute: __Annually (\$60) __Quarterly (\$15) __Monthly (\$5)

Please send email reminder to this email address:

Enclosed is my contribution of \$_____ for _____Months

Name_____

Address_____

City, State,

Zip_____

Phone

number_____

Please make check payable to: Indianapolis Intergroup

136 E. Market Street, # 1030

Indianapolis, IN 46204

(317) 632-7864

When we meet and defeat the temptation to take large gifts we are only being prudent. But when we are generous with the hat, we give a token that we are grateful for our blessing and evidence that we are eager to share what we have found with all those who still suffer.

Language of the Heart---Bill W.

May Birthdays



(3) Chuck P., Raymond E., Ted R

(4) Christopher H. (5) Joe A. (6) Connie K.

(7) Tom C., Billie S., Carol T. (8) Vince H., Joyce M.

(10) Nancy H. (12) David F. (14) Raymond B.

(15) Rick J. (21) Dennis B. (23) Susan L., Janet R., Janet D.

(24) David Mc. (27) Mark C., Ann Mc.

(28) Mary R. (29) Bradley B. (30) Dave G., Joseph Mc.

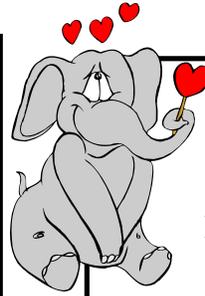
(32) Rick G. (36) Joe. R. (38) Roma D.

(39) Don M. (40) Judy P. (43) Dave M.

Service is the Secret

Telephone Answering Service has a handful of permanent slots left. The most important thing we do is answer the phone when someone reaches out for help. For more information call Central Office or e-mail indytas@gmail.com.

Indianapolis Intergroup presents: Sober-fest coming June 30th. We are looking for bands to perform 20-25 minute sets. To submit your band call Central Office at 632-7864 or e-mail intergroupmail@indyaa.org



You all know what an Elephant really is don't you?

It's a mouse that was developed in a committee. Our results keep getting bigger the more we work together. Many of the committees in Indianapolis Intergroup could use more volunteers. Join us Intergroup Sundays at the Colts Pavillion. The Meeting starts at 9:30 the second Sunday of each month. Come early or stay late to find out what you can do to help!

Our Fifth Tradition States: Our Primary Purpose is to stay sober and help other alcoholics to achieve sobriety. Our Indianapolis Intergroup has a Fifth Traditions Schedule of meetings in correctional facilities, treatment centers and other institutions to do just that.

Correction Coverage

- Liberty Hall Men -Wednesday at 7:00
- Liberty Hall Women -Thursday at 6:30
- Marion County Jail Men - Monday at 8
- Marion County Jail Women - Wednesday at 8
- Marion County Jail II Men -Tuesday at 6:30
- Duvall Men's Residence -Wednesday at 8
- Morgan Co. Men's 1st and 3rd Monday at 7
- Hendricks County Women Wednesday at 7
- Hendricks County Men Wednesday at 8

Some facilities do require clearance before attending the meeting. For more information or to sign up your group call Central Office at: 317-632-7864.

Treatment Coverage

- Larue Carter -Wednesday at 6
- Larue Carter - Sunday at 7
- Blue Triangle Hall - Thursday at 7
- Blue Triangle Hall - Friday at 7
- Julian Center for Women - Saturday at 8
- Valle Vista Greenwood - Monday at 7
- Methodist Hospital - Sunday at 10
- Salvation Army Harbor Lights - Thursday at 8
- Salvation Army Harbor Lights - Tuesday at 8
- Gallahue Mental Health Center - Wednesday at 5:30
- Partners In Housing - Tuesday at 6

Sign your group up at Intergroup Sunday or call Central Office at 632-7864.

When Anyone, Anywhere reaches out for help, I want the hand of AA always to be there... for that, I am responsible.



136 E. Market Street, Suite1030
Indianapolis, IN 46204

Subscription form

Please consider buying a subscription for yourself or as a gift for someone else.

Please send ___subscription(s) at \$15 per year to:

Name_____

Address_____

City_____ State____ Zip_____

Email address:_____

For group subscriptions: Group name_____

Group Contact_____

This is a: _____New subscription _____Renewal

Please tell us your birthday so we can list it in Monthly Birthdays._____

To pay by credit or debit card, please call us at (317) 632-7864

To pay be check or money order, mail this subscription form to Indianapolis Intergroup