

S.O.S Sheets of Sobriety



July Edition 2018

IN THIS ISSUE

Significant Dates: This month in AA history

New Area Meetings: Let's show our support

July Events: What's happening this month

District Meetings: Dates, Times and Locations of District Meetings

Committee Announcements: What are those Intergroup committees up to this month?

Share Your Story: You wrote in, we posted it

SOS Funnies: Not a Glum Lot

Topic Time: Topic for next month and call for entries.



History

Notable July Dates In A.A. History

**July 22, 1877 - Willian Duncan Silkworth born in
Brooklyn, NY.**

**July 4, 1935 - Bill D. leaves St. Thomas Hospital in
Akron, OH. Akron AA group begins.**

July 15, 1938 - 1st documented use name Alcoholics Anonymous, A.A. Archives letter Bill to Willard Richardson.

July 18, 1938 - in letter to Dr. Richards at Johns Hopkins, Bill used Alcoholics Anonymous as working title for Big Book & name for the fellowship.

July 23, 1940 - Philly AA's send 10% of kitty to Alcoholic Foundation, sets precedent.

July 24, 1943 - L.A. press reports formation of all-Mexican AA Group.

July 1946 - Grapevine reports: The Indianapolis Group now numbers about 275 members.

July 28-30, 1950 - First AA International Convention held in Cleveland, Ohio. Twelve Traditions adopted. Dr. Bob made last appearance at large AA gathering.

July 2, 1965 - "Best of Bill" and Pocket-Sized "12 and 12" 1st sold.

July 2, 1965 - 1st "La Vigne", Canadian Grapevine, published.

July 18, 1976 - Indy Star Mag. articles "Hope For The
Alcoholic"

New Area Meetings

NEW INDIANAPOLIS ASL MEETING

PHOENIX NEWCOMERS GROUP

FRIDAY 6:45 PM

8600 COLLEGE AVENUE

INDIANAPOLIS, IN 46240

New Suburban North Meeting

Morse Lake Sink Or Swim

Tuesday Night 7-8 PM

St. Michael's House

333 Main Street

Cicero, IN. 46034

Monthly Meeting Format

1st Tues: Big Book Story

2nd Tues: 12&12 Step (Corresponding to the month)

3rd Tues: 12&12 Tradition (Corresponding to the month)

4th Tues: Open Discussion

5th Tues: Chairperson Choice (AA Approved Literature)

JULY EVENTS

See a full list of
July Happenings
[HERE](#)



4th of July Celebration @ Progress House

July 4th 5:00pm - 11:00 pm

Progress House

[201 Shelby St](#)

Indianapolis, IN 46202

15th Anniversary Cookout

July 10, 2018 @ 6:00 pm – 8:30 pm

Rosedale Hills Church

[4450 S Keystone Ave](#)

Indianapolis, IN 46227

Seeds of Serenity

July 20, 2018 – July 22, 2018 all-day

Fatima House

[5353 E 56th St](#)

Indianapolis, IN 46226

DISTRICT 34 MONTHLY MEETING

July 7, 2018 @ 9:00 am – 11:00 am
Southport United Methodist Church
[1947 E Southport Rd](#)
Indianapolis, IN 46227

DISTRICT 36 A/B MONTHLY MEETING

July 8, 2018 @ 5:30 pm
West Side Club
[4939 W Washington St](#)
Indianapolis, IN 46241

DISTRICT 38 GSR MEETING

July 14, 2018 @ 10:00 am – 11:00 am
St Thomas Catholic Church
[4625 N Kenwood Ave](#)
Indianapolis, IN 46208

DISTRICT 24 MEETING

July 10, 2018 @ 6:45 pm – 8:00 pm
Carvel Club
[4627 Carvel Avenue](#)
Indianapolis, IN 46205

DISTRICT 22 MEETING

July 26, 2018 @ 6:30 pm – 7:30 pm
Orchard Park Presbyterian Church
[1605 East 106th Street](#)
Indianapolis, IN 46280



COMMITTEE ANNOUNCEMENTS

Indianapolis Intergroup Sunday

When:
July 8, 2018 @ 9:30 am UAW 933
2320 S Tibbs Ave Indianapolis, IN 46241

What is Intergroup?

Indianapolis Intergroup consists of 12 standing and 1 service committee listed below.

- **Special Events Committee** – Coordinates, publicizes and documents all special events throughout the year for the use of the Committee in following years, such as the Annual Banquet.
- **Correctional Facilities Committee** – Coordinates the work of individual A.A. members and groups who carry the message of recovery to alcoholics in correctional facilities.
- **Treatment Facilities Committee** – Coordinates the work of individual A.A. members and groups who carry the message of recovery to alcoholics in treatment facilities, hospitals, and rehabilitation centers. Arranges volunteer groups to attend scheduled A.A. meetings.
- **Telephone Answering Committee** – Coordinates individual A.A. members to answer telephone calls on their personal phones when the Indianapolis Intergroup office is closed.
- **Public Information Committee** – (School Talks) Carries the A.A. message to the Indianapolis and surrounding communities through school, news media, civic groups, business organizations, clergymen, doctors, alcoholic treatment centers, hospitals, judges, and court programs. Handles requests by area schools, the media, and civic and business groups. Provides individual members to staff health fair booths and other entities as they may appear.
- **Sheet Of Sobriety (S.O.S.) Committee** – Assembles articles and submissions for publication from Indianapolis A.A. Members, Intergroup Committee Chairs, and the Central Office Manager for the monthly newsletter, Sheets Of Sobriety (S.O.S.). Publications provided digitally via email subscription and on the www.indyaa.org, both free of charge.

- **Finance Committee** – Reviews and oversees pertinent financial concerns, budgets, and accounting.
- **Nominating Committee** – Seeks out individual A.A. members to stand for election on the Service Committee.
- **Cooperation with Professional Community (CPC) Committee** – Acts as a liaison between the professional community and Alcoholics Anonymous to further public awareness.
- **Development Committee** – Develops greater group representation at the monthly intergroup meetings.
- **Archives Committee** – Collects, categorizes, displays, and protects the historical A.A. documents and memorabilia of Indianapolis Intergroup.
- **Accessibilities Committee** – Makes A.A. available to Special Needs A.A. members, i.e. blind, visually impaired, deaf, confined to beds, or wheel chairs. Provide A.A. literature printed in Braille, large print or on CD. Locates interpreters in American Sign Language. Recruits A.A. members to take meetings into nursing and rest homes, etc.
- **Service Committee**- Includes Representatives for the four designated areas of town (North, East, South, West), the Intergroup Chair, Co-Chair and the Service Committee Chair. The Central Office Manager is an ex-officio member.

SHARE YOUR STORY



Step 7: Humbly Asked Him to Remove our Shortcomings

“Humbly Asked Him To Remove Our Shortcomings”

The Big Book, on page 76, has 1 ½ paragraphs devoted to Step 7.

The text reads as follows:

“Are we now ready to let God remove from us all the things which we have admitted are objectionable? Can He now take them all—every one? If we still cling to something we will not let go, we ask God to help us be willing.

When ready, we say something like this: “My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen.”

We have then completed Step Seven.” Alcoholics Anonymous 4th Edition p.76

By Todd C

"Humility"

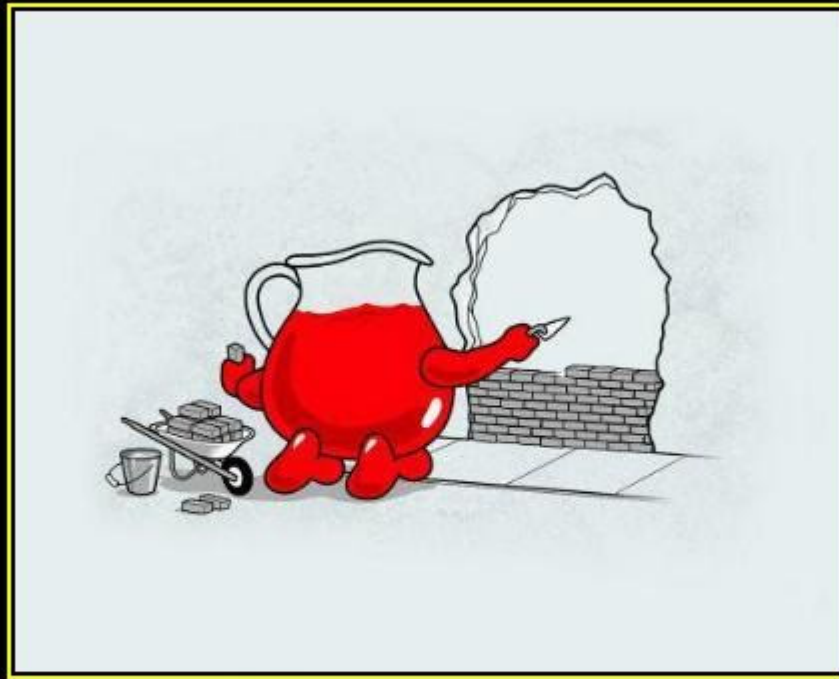
For this Alcoholic, finding and remaining in balance is one of life's greatest challenges. It is the foundation of my recovery however, and its presence in Step 7 is no exception. I find, that unless I approach my shortcomings with patience, gratitude, and humility, I tend to fall flat on my face. Often strengthening my defects of character rather than dissolving them. When I struggle with the balance between humility and will-power, humbleness and pride, the God of my understanding does for me what I can not do for myself. He/She/It often swoops in, scrambles my life, and leaves me in the humble position in which I should have remained all along. And for that, I am gratefully able to move forward with Step 7.

By Anonymous



Not A Glum Lot

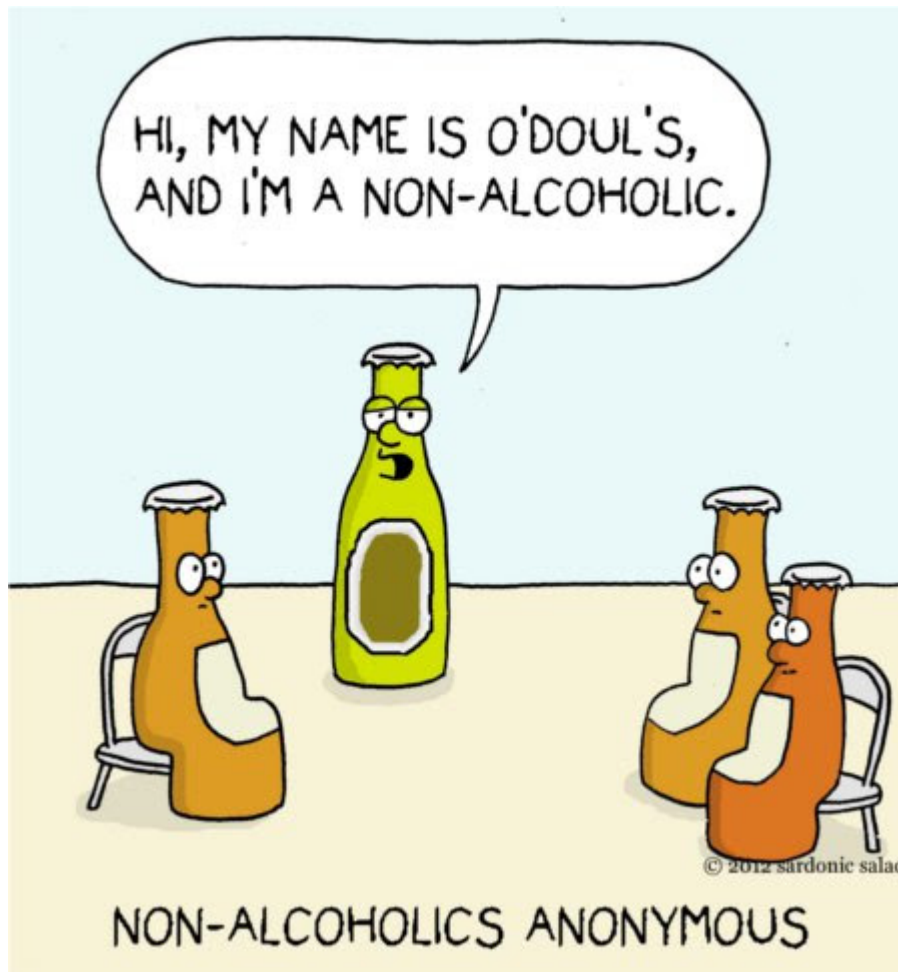
S.O.S Funnies



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TOPIC TIME

Topic Suggestion for August

"Became Willing"

Step 8: Made a list of all persons we had harmed, and became willing to make amends to them all.

Share your Experience, Strength, and Hope regarding Step 8 for the August Edition of S.O.S.

****Submissions are not limited to the suggested topic and we encourage you to write about any topic as it relates to Alcoholism for any month.****

Submissions for August Edition are due by July 25th. Any submissions received after July 25th will be included in the September Edition.

Please submit to sos@indyaa.org and title your email "Newsletter Submission".

Please keep all submission around 700 words or less.

Include a title for your submission where applicable. If no title is included, we may provide one for you.

If you wish to be published anonymously, DO NOT include your name in your document and please write "post anonymously" in your email submission to SOS.

If you wish for your name or initials to be published, please write it at the end of your submitted document exactly as you would like it published. If no indication of intent has been made, your submission will automatically be posted anonymously.

Please note, only first names, first name and last initial, or initials only, will ever be published. We will never post last names even if you submit them.

We look forward to hearing from you!

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Sheets Of Sobriety - July - 2018

Our mailing address is:

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